Dealing with the unexpected

Your health with MESE

To ensure continuation of your coverage during a suspension of your employment contract (for example, parental leave or sabbatical leave), contact MESE and Klesia.



The different levels of coverage

- **Socle**: Mandatory Enrollment (employee contribution: 1.19%).
- **Complementary**: optional membership (Premium or Excellence).

Level of coverage **upgrade** or downgrade possible each year between **1st to 31st october** only.

- Children: Free of charge up to the age of 24 (Up to age of 28, if student)
- A **teleconsultation service**, 'My medical question', available without appointment, 7 days a week, from 8 a.m. to midnight, accessible via the MESE member area:
  - a temporary solution if your usual practitioner is unavailable.
  - Payment for the consultation by credit card (subsequently reimbursed by Social Security and MESE).

Premium (facultatif)

Premium coverage designed to provide greater reimbursement for excess fees associated with consultations and hospitalizations.

Excellence (optional)

Top-level cover for fee overruns, particularly for high fees applied in Paris and the PACA region, orthodontist treatment, dental prosthetics, optometry

Base (compulsory)

Satisfactory basic cover for most employees and their beneficiaries with refunds for standard fees.
Employer participation = 55 %, Employee participation = 45 %

Good habits

- Before a consultation, check to see if the doctor charges extra fees.
- Use optical and hearing care providers within the Kalixia network, which offers quality services and negotiated prices.
- To avoid practitioners adjusting their fees depending on the level of your cover, do not tell them the amounts of your cover.
- Preventative assessment if aged 50 or over by the AGIRC-ARCCO in one of the 18 centres in France
  www.centredeprevention.fr

Additional services included in your contract

Social Assistance Fund

financial assistance to members

- Subject to financial condition.

Objective

- to ensure that individuals do not forgo necessary healthcare because of excessive out-of-pocket costs,
- or when certain care not covered by the CPAM requires assistance.

Decision

- The committee meets twice a month.

Contact

✉ fr-fonds.social@mese.se.com

Assistance

IMA (Inter Mutuelle Assistance)
7 days a week, 24 hours a day

Support

For employees and their families (spouse, direct ascendants and children) in the event of:

- hospitalisation,
- maternity,
- serious illness.

Examples of support:

- home help,
- delivery of medicines and shopping,
- delivery of meals, care for children and ascendants,
- psychological support,
- repatriation in the event of problems abroad, etc…

Contact

✆ 05 49 16 39 24

Contact MESE

✆ 04 76 60 56 36
✉ fr-contact@mese.se.com
🌐 www.mese.fr

- App **MESE et moi**
- Parc Sud Galaxie - 4 Rue de l'Octant bâtiment Alpha - 38130 Échirolles
- From Monday to Friday, 8:30 AM to 6:30 PM

Your contacts within the CFTC

- Olivier CHEVALLET: 06 74 41 59 41
- François DURIF: 06 89 84 66 88